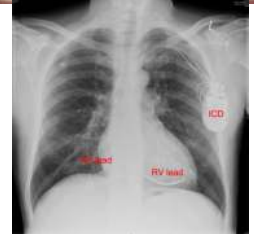
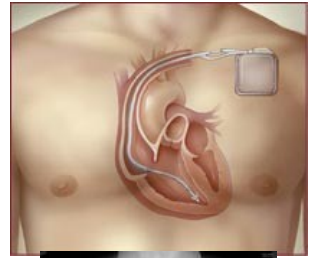




ICD's save lives

An ICD is an **Implantable Cardioverter Defibrillator**. In effect it is a mini-computer in your chest. Connected to your heart by one or more leads it reads your heart rhythm and delivers various electrical treatments if needed. It even has a memory and a remote monitoring facility!



Having an ICD implanted is an expensive procedure. In the US people pay between \$30,000 and \$200,000 for it, but here in the UK is done free under the NHS! Nothing is ever really 'free' though and money raised is therefore crucial for facilities and equipment to support the team at the John Radcliffe Hospital and it helps to pay for treatment for new and existing patients in Oxfordshire and beyond.

I am an ICD patient and I am very grateful to have the opportunity to try to give something back and **raise money for the Cardiac Physiology Fund**. I would ask you to please give what you can - who knows who will need an ICD next?

I am combining this initiative with my love of chess, a great game played with the mind. Many people simply 'give up' when they have an ICD implanted but I am of the opinion that although the heart may be 'broken' the mind is still very much in order. Chess is a great way of escaping from the rigours of life and really can help you through difficult times. It's the game of kings and the king of games.

I will be playing quickplay chess against several opponents for 24 hours at the Castle Quay shopping centre in Banbury from 10am on 24th November to 10am on 25th November. **Oxfordshire MP Sir Tony Baldry will open the event** by playing the first move! Come along and watch and even play me.



Learn about ICD's and my story whilst you are there and also learn about the noble game of chess which you can play (Banbury has a chess club) whatever the situation with your heart. Contact me, Carl Portman on 01295 738001 or email carlportman@hotmail.com for information.

24/25 NOV
10AM-10AM
CASTLE QUAY
BANBURY

See my story and give online at: <http://www.justgiving.com/Carl-Portman>